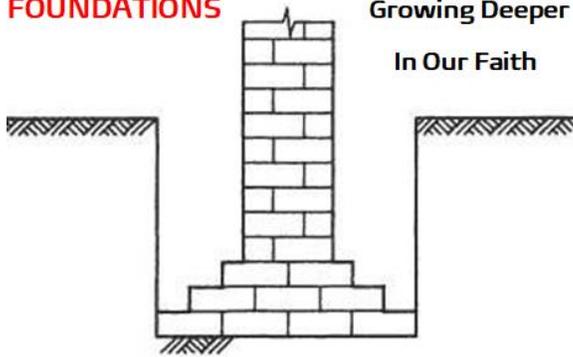


FOUNDATIONS



Psalm 11:3 (NKJV) ³ If the foundations are destroyed, What can the righteous do?

Growing Deeper

In Our Faith

Foundations Bible Study for the week of October 18, 2020

- Read the Foundational Truth Text: **Psalms 107**
- Today's Message from: Dr. David Jeremiah
- Watch the Foundational Truth Video and use the outline below as you watch:

<https://youtu.be/2pwXo6MzNjA>

Sermon: "When you cant take it anymore"

Is there a storm raging in your life? Wherever you are, whatever the crisis may be, there is an important principle at work: If you feel helpless, you've become eligible for the assistance of God. Dr. David Jeremiah explains how you can experience the blessings of God, even in deep waters.

STUDY NOTES: Four Word Pictures in this Psalm

- I. **Painting #1: The Desert: - Psalm 107:4-5**
 - a. Life can sometimes be like being in a desert – dry and lonely
- II. **Painting #2: A Prison – Psalm 107:10**
- III. **Painting #3: A Hospital – Psalm 107:17-18**
- IV. **Picture #4: The Storm – 23-32**
 - a. **The place of the storm – (vs. 23-24)**
 - b. **The producer of the storm – (vs. 25)**
 - i. **Produced by God Himself** – We are more comforted by God calming the storms rather than producing the storms.
 - c. **The peril of the storm – (vs. 26-27)**
 - d. **The prayer in the storm – (vs. 28)**
 - i. Lesser pain is sometimes needed to prevent deeper pain
 - e. **The peace in the storm – (vs.29-30)**
 - i. The God who produces the storm can also provide peace in the storm
 - f. **The purpose of the storm – (vs. 30)**
 - g. **The praise after the storm – (vs.31-32)**
 - i. We need to come "together" in order to worship – (vs. 20-21)

Reflections Questions:

1. Do you associate a desert experience with times of loneliness? Why or why not?
2. How do you see the desert when it is mentioned in the Bible?
3. Have there been times in your life when you felt as if you were shackled with not where to turn? How did you respond?
4. Can you relate to the picture of the hospital? Have there been times when you body ached from the inside from the uncertainty and issues of life? How did you make it through?
5. Do you think taking a risk can be beneficial to our faith? Why or why not?
6. Sometimes God puts us in the middle of the storm? What do you believe His reasoning to be?
7. Do you believe calmness in the storm can be found in the time of prayer? Why of why not?
8. Have you ever had a moment where you cried out to God in intense prayer? What was the outcome? Do you believe that the outcome was according to God's will for your life?