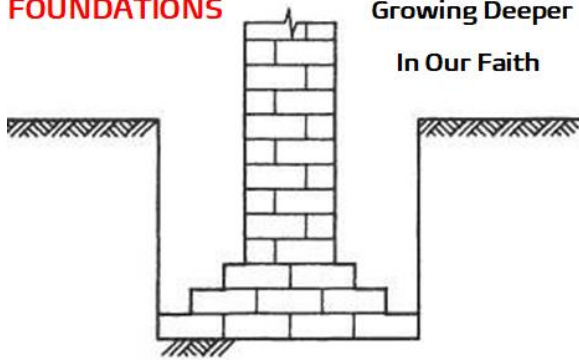


## FOUNDATIONS



Psalm 11:3 (NKJV) <sup>3</sup>If the foundations are destroyed, What can the righteous do?

### STUDY NOTES:

Foundations Bible Study for the week of November 8, 2020

- Read the Foundational Truth Text:
- Today's Message from: Interview with Heisman trophy winner – Hershel Walker
- Watch the Foundational Truth Video and use the outline below as you watch:

<https://vimeo.com/461402327>

Sermon: “

### Reflections Questions:

1. Why does God desire for us to have a desire to change?
2. Do you believe our past pain can make us into a better person?
3. How can the way we are treated (and the way we treated others) make a difference?
4. Do you believe that the Devil encourages Christians to quit? Why is it important that we never give up?
5. Describe Hurt – Injustice – Pain and Frustration? How do they differ? How are they similar?
6. Why do we “hide our pain” from others?
7. How does hear the testimony of someone else help to encourage us? Why should we desire to share our testimony?