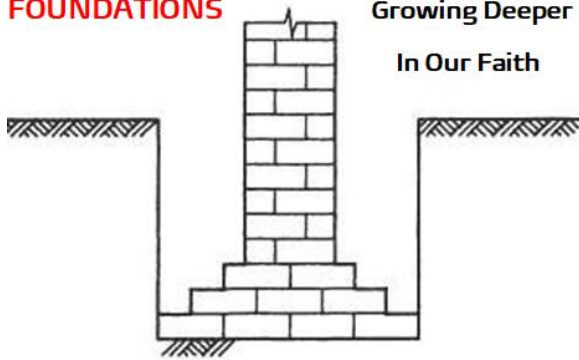


FOUNDATIONS



Psalm 11:3 (NKJV) ³ If the foundations are destroyed, What can the righteous do?

Sermon: "Lord, Break Me!"

"Grace Understood – Yields Humility" – Dr. Ted Traylor

STUDY NOTES:

1. **The Path to Destruction Begins with Pride.** – (See Proverbs 8:13; 16:18; 29:23)

NOTE: Peacock today, feather duster tomorrow.

2. **The Path to Promotion ALWAYS begins with Humility** – (See 2 Chr 7:14; Matt 18:4; James 4:6,10; 1 Peter 5:5)
3. **Five Humility Exercises**
 - a. **Practice Menial Task**
 - i. C.S. Lewis – *"Humility does not mean that you think of less of yourself, it means you think of yourself less and others more"*
 - b. **Yield and Surrender to the disciples of Christ – Fasting**
 - c. **Come to God in God's way – Grateful, Joyful, Humble**
 - d. **Empty yourself of yourself and God will fill you – Phil 2:5**
 - e. **Bow Daily in Prayer – Ask God to break you!**
 - i. **Eggs cannot be eaten until the eggs are broken**
 - ii. **Revival cannot come until God's people are broken**

Reflections Questions:

1. Has there ever been a time where God has humbled you? What did you learn?
2. Can you ever recall a time when God promoted you after a time of humility?
3. What menial task can you do for God?
4. Have you ever experienced the blessings associated with fasting? What are the reasons that you might not try?
5. Come to God, God's way! – What does that mean to you?

Foundations Bible Study for the week of November 24, 2020

- Read the Foundational Truth Text: **Luke 18:14**
- Today's Message from: **Dr. Ted Traylor, Olive Baptist Church, Pensacola FL.**
- Watch the Foundational Truth Video and use the outline below as you watch:

<https://www.youtube.com/watch?v=aDVfGrAlwX8>

[Campus Revival Services from New Orleans Baptist Theological Seminary](#)